Overton Public School P.O. Box 310, 401 7th St. Overton, NE 68863-0310



Mark A. Aten, *Superintendent* Brian Fleischman, *Principal* Calli McCoy, *Counselor* Clint Little, *Activities Director*

Phone (308) 987-2424

Fax (308) 987-2349

www.overtoneagles.org

WELCOME BACK FROM THE PRINCIPAL'S OFFICE

The first newsletter of the year is a great signal that the first day of school is less than a month away. <u>Wednesday, August 17th</u> will be here before we know it. There has been a lot of work going on at school this summer to get ready for the new school year. I hope that everyone has had a wonderful summer vacation and is ready for another great school year.

New Student Registration: We have scheduled Monday, August 8th from 9 A.M to 2 P.M. for new student registration. If you are new to the district please try to attend this session as the first day of school is too hectic for this activity. Please feel free to come in before this date to register also. If you have any questions please call myself or Mrs. McCoy at the school. If you would like to schedule a time to take a tour of the school facility, talk about our curriculum, or meet a staff member, please stop by or call me (Mr. Fleischman) at (308) 987-2424 ext.206.

Dress Code: Please help us ensure students are dressed appropriately for school. Check to see that clothes meet the dress standards addressed in the general school policies of the student handbook. These policies haven't changed from previous years. Shorts must be hemmed and long enough to cover the legs where the fingers touch when arms are hanging at the side, tanktops straps must be at least "two adult fingers" wide, the midriff area must always be covered, shorts and jeans are not to be sagging, etc. Thank you for your help with this issue.

PowerSchool ID and Passwords: For all new and returning students, a letter with the ID and password will be sent out in the mail during the first couple of weeks of school. Once logged into PowerSchool you will have access to student schedules, assignments, grades, and lunch balances. If you have any problems logging in or have questions please contact me. If you created your parent account last year, this will still work for your login this year. If you haven't created your parent login, you will need to do so to access you child's information. The newest version of PowerSchool requires parents to create their single sign-on account.

iPad Initiative: I am very excited to begin the 5th year of our 1:1 iPad initiative at Overton Public School. This initiative brings a great deal of responsibility to the school, students, and parents. Thank you for your cooperation to make this move to 21st Century Skills very successful and meaningful to the education of our students. 7th Grade students and parents must attend an informational meeting on Wednesday, August 10th at 6:30PM to receive your iPad. Students in grades 8-12 may receive their iPad on Monday 8/8 (10-2PM), Tuesday 8/9 (10-2PM), Wednesday 8/10 (10-2 & 5-6:30PM), & Thursday 8/11 (10-2PM). Parents of students in grades 8-12 are not required to be in attendance. 7th Grade parents must attend the meeting. Remember to bring your signed forms and insurance payment.

Meal Prices: Meal prices have increased from last school year. Breakfast will cost \$1.40 for grades K-12 and \$1.60 for adults. Lunch prices will be as follows: K-4 \$2.30; 5-12 \$2.85; Adults \$3.60. I encourage all families to fill out a free/reduced application. Reduced prices are \$.30 for breakfast and \$.40 for lunch. Please make all efforts possible to keep lunch balances up to date throughout the school year. It is our goal to have everyone at a zero or positive balance to begin

the school year. Please help ensure that your lunch balances are kept up-to-date throughout the year. A reminder that any balance over \$25 will receive a sack lunch and if the balance is not taken care of within two weeks, your child will not be allowed to eat school meals. Thank you for your cooperation in the matter.

*****School Opening Information*****: Overton Public School will begin on Wednesday, August 17th, starting at 8:05 AM. School will be in session until 2:30 PM. Breakfast and lunch will be served on the first day. The bus drivers will notify parents/guardians as to when bus students will be picked up. Normal school hours are from 8:05 to 3:41 Monday through Thursday. Every Friday, school will be dismissed at 2:38 with buses running accordingly. Breakfast will be served each day from 7:40 – 8:00 AM. Students can enter through the main parking lot doors for breakfast. If students are not eating breakfast, they are not to be in the building until the bell rings at 8:00. Students are to leave the building immediately after school, unless they are with a teacher.

All students driving to school must park in the northeast parking lot and enter the school through the east doors. Please be sure to park you cars properly so that everyone has room to park and there aren't any accidents in the lot. Parents/guardians delivery and pick-up should be in front of the school. *Please do not pick up or drop students off in the parking lot.*

High school students walking to school are to enter through the main lobby doors in front of the school. 7^{th} and 8^{th} grade students walking to school are to enter through the doors by the flagpole. 5^{th} and 6^{th} grade students walking to school are to enter through the southeast doors and K-4 students should enter through the northeast doors. If you are eating breakfast, you need to enter through the parking lot doors

Preschool will begin on Tuesday, August 30th. Hours for preschool will be from 8:05-3:05 PM, Monday through Thursday. 4-year Preschool, please use the doors by the Pre-School room.

Physicals: All students in the 7th and 8th grade must have a school physical. This is a requirement for all students to help ensure their safety. Any student participating on any of the school's athletic teams must also have a physical before they are allowed to participate. All students entering Kindergarten must have a Kindergarten physical before they will be allowed to attend school. Any student transferring from out of state must have a physical before they can attend school.

Insurance: Parents and guardians are reminded that Overton Public School does not provide any type of health or accident insurance for injuries incurred by your child at school. We encourage all families to have accident coverage on their children, prior to participation in any sport or school sponsored activity. Accident insurance is offered by Overton Public School to all families through an outside agency. The insurance forms will be handed out to the students the first day of school to be taken home for parents/guardians to review.

I look forward to the new school year beginning and having a great year just like last year. Have a great rest of the summer and I will see everyone in a few weeks.

Yours in Education,

BILan

Mr. Brian Fleischman, Principal 308-987-2424, ext. 206 brian.fleischman@overtoneagles.org

Superintendent's Office

I am always amazed at how quickly the summer months seem to fly by. It seems like just yesterday the students were dismissed for the summer break and now we are preparing for another school year. It is always exciting to begin a new school year, to renew old acquaintances and have the opportunity to meet new parents and students. I am very proud of the staff that we have assembled to serve the educational needs of our students, and I believe there is no better group than the one right here in Overton. It is also very rewarding to work with a board of education whose primary goal is to provide our students with the best education possible.

I would like to invite any parent or patron who is interested in serving on any of our committees to contact either Mr. Fleischman or myself. If you are not sure of what committees are available give me a call. Your input and participation is very important to us. I also continue to encourage parents and patrons to use the school's web site as a source of information.

We continue to stress the importance of academic success for all our students. The Continuing Improvement Process (CIP) goal is mathematics. The staff spent the past year working through the CIP and preparing for the development and implementation of new goals. The NeSA testing will continue in the writing, reading, mathematics, and science areas. The John Baylor ACT Test Prep program will continue to be offered this year. This program helps prepare our students for the ACT test. This will be our fifth year of using the MAP testing program. This assessment program has provided our staff more information on the progress of each of our students. I would like to thank all staff members and students who participated in our summer school program. The summer program provided much needed assistance to many of our students.

The school board has approved the continued purchase of the iPads. Each of our grades 7-12 students have their own iPad and most of the elementary and middle school classrooms have access to iPad carts. Many of the student's textbooks are all in digital format and will have access to the internet through our upgraded wireless network. I would like to thank the school board for their forward thinking and support of our students and staff in this initiative. Without the school board's support this program would not be available.

I would like to thank Brenda Buchholz for supervising the summer food program. We will continue to offer a breakfast program for the upcoming school year. It was nice to see so many of our students utilizing the program throughout this past school year. We have been awarded a grant for the fruit and vegetables program which will serve our elementary students again this school year.

I would like to welcome four new staff members for the 2016-2017 school year. Miss Lindsay English will teach our three year old preschool students. Miss Nicole Arp will be our new second grade teacher and girls basketball coach. Mrs. Calli McCoy will be our school counselor. Mr. Tim Ronnenkamp is one of our science teachers. These are a great group of teachers. Please make them feel welcome!

Each summer much needed projects are completed. The school board approved phase one of the parking lot paving project. We are hoping to have the east parking lot paved in the next three years. New carpet has been installed in Industrial Technology classroom and hallway connecting the north gym and wresting room. Both the north and south gym floors were refinished. New iPads were purchased for students. New mathematics resources were purchased and will be implemented during this school year. A new cart of chromebooks were purchased to allow students to work on papers and other projects. The wireless network was upgraded which will help with all of the wireless devices now being utilized by the students and staff.

The school has once again been a very busy place over the summer as we prepare for the 2016-2017 school year. I would like to thank the custodial staff for another excellent job in preparing the facility for the new school year. Please feel free to come to the school and see the projects and upgrades that were completed this summer. The entire staff is looking forward to providing the best educational environment for the students of our school.

Educationally yours,

Mark A. Aten

Bus Transportation

Cindy Davenport, Shirley Ryan, and Shannon Lauby will be the bus drivers for the 2016-2017 school year. We are very fortunate to have such highly qualified and safe drivers transporting our students/staff. The bus routes and approximate student pick-up and drop-off times for the 2016-2017 school year will be determined by August 12, 2016. When developing these routes we try to keep all the students bus riding times as even as possible. We will plan to pick up the same students who rode last year, plus any new students, and the kindergarten students unless we are notified otherwise. We are also asking all families who are new to our district, and live outside of Overton, to contact the school by Friday, July 29, and provide us with the physical and mailing address, student and parent names, home phone and cell numbers, and grades of all children riding the bus. Once the routes are established the drivers will notify each parent of the approximate pick-up and drop-off times.

Our bus routes are designed with safety as the utmost priority. As much as possible, the pick-ups and drop-offs will be made so that students will not have to cross the road to board the bus.

If there are any students who rode the bus last year, but do not intend to do so this year, please notify Mr. Aten as soon as possible.

We are asking that rather than calling the school, parents are asked to call/text their respective bus drivers if your child/children will not be riding the route. Any change of destination will require a note or phone call from the parents to either the bus driver or the teacher. Phone Numbers: Shannon Lauby cell number 325-3121, Shirley Ryan cell number 325-0074, Cindy Davenport cell number 325-1086, and school phone 308-987-2424.

The following are the basic student expectations when riding the Overton Public School buses on either routes or activities, and it will be appreciated if all students and parents will help see that these are met.

- All passengers are under the supervision of the driver. Students may be assigned seats if the driver feels that is in the best interest and safety of all passengers.
- 2. Students must be on time, the bus cannot wait for those who are late.
- Outside of ordinary conversation, classroom conduct is to be observed by students. Any student not meeting district and bus driver expectations will forfeit the privilege of riding the bus. Students not meeting expectations may be assigned detentions through the Principal's office.



Notice of NCLB Qualifications

The No Child Left Behind Act gives parents the right to obtain information concerning the professional qualifications of a student's teacher(s). Overton Public Schools will provide, upon request, the following information.

- 1. whether or not the teacher has met state qualifications and licensing criteria for the grade level and subject area in which the teacher provided instruction
- 2. whether or no the teacher is teaching under an emergency or provisional teaching certificate
- 3. the baccalaureate degree major of the teacher along with the other degrees held by the teacher

Also, upon request, information on whether or not a student is being provided services by a paraprofessional and, if so, the qualifications of the paraprofessional.

Request for this information should be made to the Superintendent's office (308)987-2424.

Section 504 of the Rehabilitation Act of 1973

Section 504 is a Federal Civil Rights Rehabilitation Act, which prohibits discrimination against persons with a disability in any program receiving federal financial assistance. The Act defines a person with a disability as anyone who:

- has a mental or physical impairment which substantially limits one or more major life activities (major life activities include activities such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working):
- has a record of such impairment; or
- is regarded as having such an impairment.

In order to fulfill obligations under Section 504, the Overton Public Schools has the responsibility to avoid discrimination in policies and practices regarding its personnel and students. No discrimination against any person with a disability should knowingly be permitted in any of the program and practices of the school system.

The school district has responsibilities under Section 504 (Part D), which include the obligation to identify, evaluate, and if the student is determined to be eligible under Section 504, to afford access to appropriate educational services.

If the parent or guardian disagrees with the determination made by the professional staff of the school distict, he/she has a right to a hearing with an impartial hearing officer.

The Family Educational Rights and Privacy Act (FERPA) also specifies rights related to educational records. This Act gives the parent or guardian the right to: (1) inspect and review his/her child's educational records; (2) make copies of these records; (3) receive a list of all individuals having access to those records; (4) ask for an explanation of any item in the records; (5) ask for an amendment to any part of the record on the grounds that it is inaccurate, misleading, or violates the child's rights; and (6) a hearing on the issue if the school refuses to make the amendment.

If there are questions please feel free to contact Section 504 Coordinator, Mandi Wallace or Superintendent Mark Aten.

Athletic Activities Information

All students who plan on participating in athletic practices or contests need to have the following:

Extra-curricular handbook signature pages must be signed by parent/guardian and returned to Mr. Little.

Seventh grade students must a have a physical performed by the family physician and the paperwork returned to Mr. Litle.

Students in grades nine through twelve are required to provide a \$50.00 deposit.

Students who participate in athletic activities must have a physical and card turned into Mr. Little.

Students will be tested to establish a concussion base line score.

Students who participate in athletic activities must sign up for the extra-curricular random drug testing program at the beginning of the school year or upon enrollment in the district.

Students who participate in athletic activities must meet all academic requirements set forth by the Overton Public Schools and the NSAA.

Non-Discrimination Statement

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Keeping Information Current

Our school offices try to keep all phone numbers and addresses current in case of emergency situations. If your child would have an accident or be in need of a parent's presonce, we cannot contact you if we do not have current information. It is vital that you update the office and teachers when information has changed.

GOLDEN AGE LIFE-TIME PASSES

Any <u>district resident</u> who has reached the age of 65 is invited to request a Golden Age Life-Time Pass. This pass must be <u>presented</u> to the ticket taker to entitle the holder to FREE admission to all <u>home</u> Overton High School <u>athletic</u> activities, with the exception of locally-hosted conference and district tournaments, and special fund-raising events. The Golden Age Life-Time Pass is completely free and may be obtained by applying <u>personally</u> for one at Mrs. Ginkens' office.

NOTICE OF ASBESTOS PLAN AVAILABLE

The Overton Public School System's asbestos management plan is located in the office of the Asbestos Program manager, the current Superintendent, and may be reviewed by requesting permission through his or the principal's office. A copy of the basic building will be located in the Superintendent's office.

Beyond the asbestos assumed to be located in concrete, roofing felts, pipe elbows, and carpet glues, etc., which is of minimal public health concern, asbestos was found in the materials in the acoustical ceiling-wall finishes, and vinyl floor tile.

HANDICAPPED CHILD FIND

Public Law 94-142 and Rules 51 and 54 mandate that a free, appropriate public education is available for each handicapped child age 0-21.

Handicapped children are those defined as handicapped physically, visually, speech, orthopedically, mentally, specific learning disabled, behaviorally, multi-handicapped, home or hospital bound and whose handicap requires special services or education.

If you know of any child in our district who meets any of the above criteria and is not presently being served, please contact the Superintendent, phone 987-2424.

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Box Tops For Education

We are still saving box tops and with your help we can get free items for our classrooms. You may leave your boxtops at the office or send them to the elementary classrooms. This is a year round program, so please continue to clip and save. Thanks so much to those that are already saving and helping to support this program.

FALL SPORTS NOTICE

Any Student who did not participate in the group physical should bring the physical cards, etc. to the first practice. You will not be able to practice until you have a school physical.

SEASON PASSES AVAILABLE

Adult admission to athletic contests will be \$5.00 and students \$4.00 to attend individual games. However, you may save money by purchasing an Adult Athletic Pass for \$40.00 and Student Athletic Pass for \$30.00. The pass entitles your admission to all regular HOME season football, volleyball, and basketball games including track meets and wrestling matches at Overton High School. Tickets are available from the Superintendent's office.

SCHOOL DIRECTORY

Federal law requires that school districts provide "Student Directory Information" to legitimate organizations upon request of that organization, unless the student's parents ask that the student's name not be included. Typical groups that request names of students include the Armed Forces, Colleges, and Technical Schools.

If you do not wish to have your child's name included as directory information to any group, please notify the Principal's office.

HEALTH & IMMUNIZATION RECORDS

**** See the School website for the Health Tips section.

SCHOOL CLOSING INFORMATION

In the event that the Overton School should be closed due to inclement weather, the announcement will be made on KHAS-TV (Channel 5), KOLN-TV (Channel 11), KHGI-TV (Channel 13), KRVN Radio and KGFW radio. We will also use our One Call Alert System and will send a recorded message directly to the phone number we have on file for your family. If you have more than one number that you want called, you will have to let the school know. Every effort will be made to notify the TV and radio stations as soon as possible. If, for some reason, we need to close school after it has been in session, we will call KRVN, Lexington, for the announcement. There is also a link from the school's web site "Closings", to inform the public on the status of school. Again, we will use the One Call System. No doubt there will be times when we should dismiss and don't. and there will be times when we do dismiss and shouldn't, but we need to use our own best judgment. It is a decision that is not an easy one to make. Remember, though, that you as a parent have the final determination to either send your child to school or keep your child home during inclement weather. If you have doubts whether the Overton School is dismissing, due to bad weather, please listen to one of the stations listed above for the information. We would like to encourage parents to have a "family emergency plan" in place with your child/children so that each family member automatically knows what to do in the event of this type of an emergency. We ask that you do not call the school or the superintendent's home for this information. We will get the information out to the TV and radio stations as soon as possible.

LOCAL SPANISH STUDENTS SCORE WELL

Spanish teacher Mrs. Roos would like to extend congratulations to several world language students from Overton High School who attained national recognition for excellent performance on the 2016 National Spanish Examinations.

Students from Overton earned a total of one bronze medal along with four honorable mentions. "Attaining a medal or honorable mention for any student on the National Spanish Examinations is very prestigious," said Kevin Cessna-Buscemi, National Director of the Exams, "because the exams are the largest of their kind in the United States with over 160,000 students participating in 2016."

Students winning honors were:

Spanish 1: Julio Sanchez – Bronze medal Jordan Bidwell – Honorable mention Cody Nichols – Honorable mention Spanish 2: Shae Grayek – Honorable mention Hannah Wolfe – Honorable mention

Overton has been participating in the national exam since 2008. This year was the highest number of students to have achieved recognition.

The National Spanish Examinations are administered each year in grades 6 through 12, and are sponsored by the American Association of Teachers of Spanish and Portuguese.



Pictured are: (Standing) Shae Grayek, Hannah Wolfe and Jordan Bidwell. (Front) Julio Santana and Cody Nichols.



Certificate of Accreditation

Nebraska Department of Education

Recognizes

OVERTON PUBLIC SCHOOLS

AS AN ACCREDITED SCHOOL FOR THE SCHOOL YEAR 2016-2017

BY THE OFFICIAL ACTION OF THE STATE BOARD OF EDUCATION

Month 2 THE A

Matthew L. Blomstedt, Ph.D. Commissioner of Education

Freida Lange, Administrator Accreditation & School Improvement

Overton Public Schools

TO:	Parents and /or Guardians of Overton Public School Students
FROM:	Mark A. Aten, Superintendent of Schools
RE:	Emergency Procedures for Overton Public Schools

The Overton Public Schools has developed a Crisis Response Plan that is designed to minimize danger to anyone occupying school should an emergency occur. Our main objective is to attend to the health and welfare of your children in the event of a crisis.

In most emergencies your children will remain and be cared for at the school. In the rare event of an emergency affecting the school that prohibits re-entry to the building (such as a broken gas or water main, a fire, or toxic spill), students will be relocated to predetermined sites.

If appropriate, the One Alert System will be activated for notification. We ask that you follow this procedure if you hear of any school emergency:

- 1. **Turn on your radio or television.** We will keep the media informed of any emergency.
- 2. **Please do not telephone the school.** We have limited phone lines. These must be used to respond to the emergency.
- 3. Do Not Call 911.
- 4. Please do not come to the school unless requested to pick up your child at school. Any emergency involving your child's school may mean emergency vehicles and workers must be able to get to the building. If the emergency necessitates the relocation of staff and students, you will be informed via the media.

Please keep this information where it can be easily found.

Overton Preschool Supply List

box of 16 crayons
 box of Crayola washable markers
 glue sticks
 large t-shirt (for use as a paint shirt)
 regular size backpack
 dry erase marker
 box of Kleenex



Kindergarten Supplies Large box of Kleenex 4 glue sticks (will need more later in the year) 1 box 8-count CRAYOLA crayons Pencils Big eraser (example: pink carnation brand) Paint shirt Plastic school box School bag (without rollers) Beach towel (for rest mat) P.E. Shoes 3 low odor dry erase markers (may need more later Ir, the year Please put their name on all their supplies.

Grade 1

24 Crayola crayons 1 box of yellow number two pencils 2 erasers 5 glue sticks 2 low odor dry erase markers 1 pair of 5" metal Fiskar Scissors 1 pocket folder 1 box of 12 count colored pencils 1 box of washable markers 1 green highlighter 1 yellow highlighter 1 pink highlighter Paint shirt 1 large box of Kleenex P.E. shoes Small plastic school box School bag (without wheels)

Second Grade Supply List

2 wide rule spiral notebooks Pencils **Big Erasers** 24 count crayons 12 count colored pencils 8 count washable makers 4 glue sticks **Dry Erase Markers** 4oz. bottle of Elmer's white glue Scissors Plastic Pencil Box **3** Folders P.E. shoes Paint shirt Large Box of Kleenex School Bag (without rollers) (Initial All Supplies)

3rd Grade Supply List pencils colored pencils cravons markers glue sticks (3-4) glue bottle 3-ring notebook (2 inches) wide-ruled notebook paper 1 pkg of page dividers w/5 tabs highlighter scissors dry erase markers (4-6) small plastic supply box 1 large box of Kleenex PE shoes paint shirt school bag Please initial all supplies

<u>Grade 4</u>

12-24 count colored pencils 8 count washable markers Pencils (several) Pink Pearl Eraser 4 white glue sticks (no purple) Small bottle of white glue One (2 inch) 3 ring notebook Wide-ruled notebook filler paper 1 pkg of page dividers w/ 8 tabs 2 highlighters (different colors) Scissors 4-6 dry erase markers 2 portfolio pocket folders Small plastic supply box 2 large boxes of Kleenex P.E. shoes Paint shirt School bag without wheels Initial all supplies. Please do not bring any pens.

<u>K-4 MUSIC</u> Folder Pencil Box of Tissues



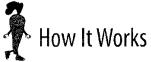
Program Description



The Nebraska Fresh Fruit and Vegetable Program (FFVP) provides all children and staff in participating schools with a variety of free fresh fruits and vegetables throughout the school day. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options.

The Nebraska FFVP is supported by the U.S. Department of Agriculture (USDA) and is managed through the Nebraska Department of Education, Nutrition Services, in partnership with the Nebraska Department of Health and Human Services, Nutrition and Activity for Health Program.

Participating schools are also given materials and resources to promote fresh fruits and vegetables through classroom lessons, activities, food service and community partnerships. By increasing fresh fruit and vegetable eating opportunities and promoting consumption, students and staff are supported to improve their diets during the school day.



Nebraska elementary schools with 50 percent or more students eligible for free or reduced-price meals are eligible to participate.

• Eligible schools complete an annual application to participate.

• Select schools agree to offer free fresh fruits and vegetables to students during the school day.



- Create a healthier school environment by providing healthier foods choices
 - Expand the variety of fresh fruits and vegetables children experience
 - Increase children's fresh fruit and vegetable consumption
- Make a difference in children's diets to impact their present and future health

More Information: www.nde.state.ne.us/ns/nslp/FFVP/FFVP.htm







EXTENSION

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When ripe, the skin and flesh of most tomatoes are red or reddish-orange. They are usually round or oval shaped. Tomatoes range in size from 1 to 6 inches. Small seeds on the inside can be eaten.

Tomatoes are vegetables which grow on plants.

The tomato originated in the Andes Mountains in South America. The tomato on survey of the tomatoes. Its name is derived from the Aztec word "tomat". Maya and Aztec poop a structure is under the solution of the s

Tomatoes are in the fruit family, but they are served and prepared as a vegetable. They are one of the most popular vegetables eaten by Americans.

VARIETIES

There are thousands of tomato varieties. The most widely available varieties are classified into three groups: cherry, plum and slicing tomatoes.

Many tomatoes are grown in Nebraska.

NUTRITION FACTS

- Fat free
- Cholesterol free
- Very low Sodium
- · Good source of vitamin A
- High in vitamin C

Tomatoes can be eaten raw or cooked (baked, stewed, grilled or stir-fried). They are wonderful to eat alone. Add to salads and sandwiches. Other popular ways to enjoy tomatoes are in soups, salsas and souces. Tomato souce is used in many posto dishes such as spaghetti and on pizza. Ketchup is made from tomatoes.

USES

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nd Numion Service, EFNEP, and Nebreska Department of Health and Human Services 2008 mental Numition Assistance Program provides numlion assistance to people with low income It can help you buy numitious foods for a better diel. To find out more, call 1-800-430-3244 Funded in part by USDA's Food and Nutr

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebi cooperating with the Counties and the United States Department

ersity of Nebraska-Lincoln Extension educa with the nondiscrimination policies onal programs abide of the University of Nebraska-Lincoln and the United partment of Agriculture Black Beans with Corn and Tomatoes Preparation time: 10 minutes Number of servings: 4 Cups of fruits or vegetables per serving: 0.75

1 (15 oz.) can black beans, drained and rinsed

1 c. tomatoes, fresh or canned, diced

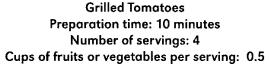
1 c. corn

1 garlic clove, pureed

1 tsp. parsley, chopped

1/2 tsp. chili powder

- 1. In a medium bowl, combine beans, tomatoes, corn, and garlic.
- 2. Add parsley, chili powder, and cayenne pepper. Mix well.
- Nutrition Information per Serving: Calories 110, Total Fat 1 g (1% DV), Saturated Fat 0 g (0% DV), Cholesterol 0 mg (0% DV), Sodium 220 mg (9% DV), Total Carbohydrate 25 g (8% DV), Dietary Fiber 7 g (28% DV), Sugars 3 g, Protein 6 g, Vitamin A 10%, Vitamin C 20%, Calcium 4%, Iron 10%.



4 tomatoes

1/2 c. fat-free Italian salad dressing

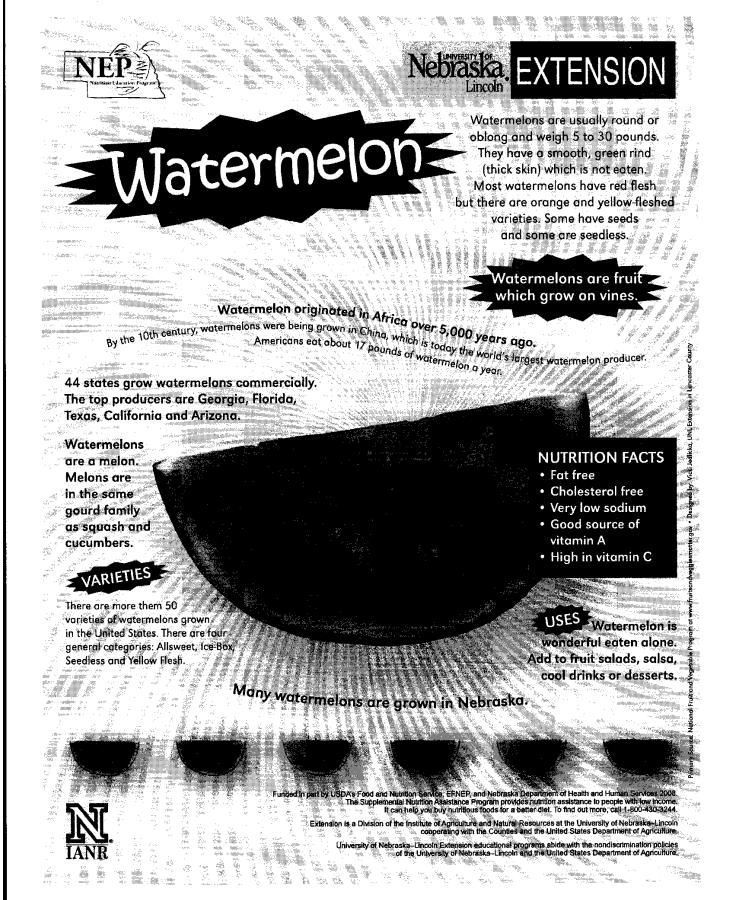
- 1 tsp. dried oregano
- 1 tsp. lemon pepper



- 1. Slice tomatoes in half, lengthwise. Cover grill grid with foil. Heat the grill.
- 2. Place tomatoes on foil. Top each half of tomato with 1 tablespoon Italian salad dressing.
- 3. Sprinkle tomatoes with oregano and lemon pepper.
- 4. Grill tomatoes with cut side down, for 4-5 minutes.

Nutrition Information per Serving: Calories 30, Total Fat 0 g (0% DV), Saturated Fat 0 g (0% DV), Cholesterol 0 mg (0% DV), Sodium 40 mg (2% DV), Total Carbohydrate 6 g (2% DV), Dietary Fiber 2 g (8% DV), Sugars 4 g, Protein 1 g, Vitamin A 25%, Vitamin C 30%, Calcium 2%, Iron 4%.





Watermelon Blueberry Banana Split Preparation time: 15 minutes Number of servings: 4 Cups of fruits or vegetables per serving: 3



2 bananas

8 watermelon "scoops", a watermelon ball created with an ice cream scoop

2 c. blueberries

1⁄₂ c. low-fat vanilla yogurt

1/4 c. low-fat granola

1. Peel bananas and cut in half crosswise. Cut each piece in half lengthwise.

2. Lay 2 banana pieces against the sides of a shallow dish.

3. Place a watermelon "scoop" at each end of the dish.

4. Fill the center space with blueberries.

5. Spoon yogurt over watermelon "scoops" and sprinkle with granola.

Nutrition Information per Serving: Calories 160, Total Fat 1 g (2% DV), Saturated Fat 0 g (0% DV), Cholesterol 0 mg (0% DV), Sodium 40 mg (2% DV), Total Carbohydrate 38 g (13% DV), Dietary Fiber 4 g (16% DV), Sugars 23 g, Protein 4 g, Vitamin A 6%, Vitamin C 25%, Calcium 6%, Iron 4%.

South-of-the-Border Watermelon Salsa Preparation time: 1 hour, 15 minutes Number of servings: 4 Cups of fruits or vegetables per serving: 0.75

2 c. seedless watermelon, chopped

³/₄ c. sweet onion, chopped

³/₄ c. black beans, drained and rinsed

1/4 c. jalapeno pepper, chopped and seeded

¼ c. cilantro, chopped
1 garlic clove, finely chopped
1 T. brown sugar
pinch of salt



- 1. In a large bowl, stir together all ingredients.
- 2. Cover and refrigerate at least 1 hour to blend flavors.
- 3. Stir before serving.
- 4. Serve with chips.

Nutrition Information per Serving: Calories 90, Total Fat 1 g (1% DV), Saturated Fat 0 g (0% DV), Cholesterol 0 mg (0% DV), Sodium 440 mg (18% DV), Total Carbohydrate 19 g (6% DV), Dietary Fiber 4 g (16% DV), Sugars 10 g, Protein 4 g, Vitamin A 15%, Vitamin C 15%, Calcium 4%, Iron 8%.

Nebraska, EXTENSION

Muskmelon are round with a light-brown rind (thick skin) and orange flesh. The rind is not eaten. The center has seeds which need to be scooped out before eating.

Cantalongeore For

Many melons originated in the Middle East. Ancient Egyptians and Romans enjoyed cantaloupe. Melon seeds were transported to North America by Christopher Columbus and eventually Spanish explorers grew them in California.

Cantaloupe are a melon. Other melons includes honeydew and watermelon. Melons are in the same gourd family as squash and cucumbers.

In the United States, the most popular variety is the North American cantaloupe. There are less common varieties which have red or yellaw flesh. European cantaloupe have pale green skin

Cantaloupe is delicious raw. It is usually sliced or cut into chunks. Add cantaloupe to fruit salads, fruit soups or salsa. Serve as a dessert with some ice cream and chocolate sauce.

and the United States Department o

a lincoln

Many cantaloupe are grown in Nebraska.

an by USDA's Food and Number Service, EFNER, and Nebraska Department of Health and Human S The Supplemental Number Assistance Program provides number assistance to people will it can help you buy nutritions foods for a better diet. To find our more, call 1-B Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebu cooperating with the Counties and the University of Nebu

University of Nebraska-Lincoln Extension educa of the University of Nebraska-

Cantaloupe Fruit Salad Preparation time: 15 minutes Number of servings: 8 Cups of fruits or vegetables per serving: 2



2 cantaloupe, rind and seeds removed

- 1 pineapple, cored, peeled, cut in small chunks
- 1 c. walnuts, finely chopped

1 apple, diced

4 c. vanilla low-fat yogurt

1. Cut cantaloupe into small chunks. Place in a large bowl.

2. Add pineapple, walnuts, and apple to cantaloupe. Mix well.

3. Spoon 1/2 cup yogurt into a bowl. Top with fruit. Stir to coat fruit.

Nutrition Information per Serving: Calories 250, Total Fat 12 g (18% DV), Saturated Fat 2 g (10% DV), Cholesterol 10 mg (3% DV), Sodium 105 mg (4% DV), Total Carbohydrate 30 g (10% DV), Dietary Fiber 3 g (12% DV), Sugars 24 g, Protein 9 g, Vitamin A 100%, Vitamin C 100%, Calcium 20%, Iron 4%.

Southwestern Cantaloupe Salad Preparation time: 10 minutes Number of servings: 4 Cups of fruits or vegetables per serving: 0.5



¹/₂ c. cantaloupe, thinly sliced

- 1/2 c. jicama, peeled and thinly sliced
- 1/4 c. red bell pepper, roasted, sliced
- 1/4 c. yellow bell pepper, roasted, sliced
- 1 T. fresh basil, chopped
- 2 T. fat-free Italian salad dressing

1. In a medium bowl, combine cantaloupe, jicama, red and yellow bell peppers, and basil.

2. Add salad dressing. Mix well.

Nutrition Information per Serving: Calories 45, Total Fat 3 g (4% DV), Saturated Fat 0 g (0% DV), Cholesterol 0 mg (0% DV), Sodium 10 mg (0% DV), Total Carbohydrate 5 g (2% DV), Dietary Fiber 1 g (4% DV), Sugars 1 g, Protein 1 g, Vitamin A 25%, Vitamin C 110%, Calcium 0%, Iron 2%.

A EXTENSION

Bell Peppe

Bell peppers come in a variety of colors, sizes and shapes. Their skin should be firm and the stem should be fresh and green. Take out the seeds on the inside before eating.

Bell peppers are vegetables which grow on plants.

Peppers were originally grown in Central and South America. Peppers can be grouped into two broad categories-sweet peppers (which are mild) and South America. Bell peppers are the most common sweet pence. Bell peppers are the most common sweet pepper.

- **California and Florida** grow about 78% of the bell peppers grown
- in the United States.

VARIETIES

Bell peppers can be found in a rainbow of colors and can vary in flavor. The variety of the pepper plant and the stage of the ripeness determine the flavor and color of each pepper. For example, a red bell pepper is simply a mature green bell pepper. As a bell pepper ages, its flavor becomes sweeter and milder.

NUTRITION FACTS

- Fat free
- Cholesterol free
- Sodium free
- Very high in vitamin C
- Good source of vitamin A
- · Good source of beta-carotene

Peppers are good USES to eat raw or with vegetable dip. Use a variety of colored peppers in your salads. Add peppers to your pasta, Chinese, or Mexican dishes.

Many bell peppers are grown in Nebraska.

d Nutrition Service, EFNER and Nebraska Department of Health and Human Services 2008. mental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, call 1-800-430-3244. d in cart by USDA's Food and Nutrili The Supple Extension is a Division of the institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the United States Department of Agriculture. Lincoln Extension educational programs abide with the nondiscrimi University of Nebraska

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the University of Nebraska-Lincoln and the United States Department of Agriculture.

BBQ Lentils Preparation time: 2 hours, 15 minutes Number of servings: 8 Cups of fruits or vegetables per serving: 1



12 oz. barbeque sauce
3½ c. water
1 lb. dry lentils
2 green bell peppers, diced
2 red bell peppers, diced
2 onions, diced
1 garlic clove, minced

1. Combine all ingredients in a slow cooker.

2. Cover and cook on low for 2 hours.

Nutrition Information per Serving: Calories 270, Total Fat 1 g (2% DV), Saturated Fat 0 g (0% DV), Cholesterol 0 mg (0% DV), Sodium 480 mg (20% DV), Total Carbohydrate 53 g (18% DV), Dietary Fiber 15 g (60% DV), Sugars 17 g, Protein 16 g, Vitamin A 25%, Vitamin C 110%, Calcium 4%, Iron 30%.



Chicken Fajitas Preparation time: 30 minutes Number of servings: 4 Cups of fruits or vegetables per serving: 0.5

1/3 c. fat-free Italian salad dressing

- 3 chicken breasts, boneless, skinless, cut into strips
- 1 red or green bell pepper, thinly sliced
- 1 onion, thinly sliced
- 1 tomato, diced
- 8 flour tortillas

Toppings (optional) Cheddar cheese, shredded lettuce, shredded sour cream salsa

- 1. Pour dressing over chicken, red or green bell pepper, and onion in a large bowl. Mix gently.
- 2. Let sit for 10 minutes. Drain and throw away the dressing.
- 3. Add chicken mixture to large skillet.
- 4. Cook and stir for 10 minutes or until chicken is cooked through. Stir in tomatoes.
- 5. Top tortillas with chicken mixture and toppings, if desired; roll up.

Nutrition Information per Serving: Calories 340, Total Fat 7 g (11% DV), Saturated Fat 1.5 g (8% DV), Cholesterol 35mg (12% DV), Sodium 1050 mg (44% DV), Total Carbohydrate 47 g (16% DV), Dietary Fiber 4 g (16% DV), Sugars 7 g, Protein 22 g, Vitamin A 8%, Vitamin C 70%, Calcium 10%, Iron 20%.

Your support of our Overton student-athletes is greatly appreciated!



The **Overton Athletic Boosters** are holding their **annual donation drive** for the 2016-2017 school year. We greatly appreciate all who generously support our student-athletes in all their efforts -- thank you!

Funds raised for the 2015-2016 school year helped to provide new equipment and other opportunities for our students to excel in a variety of athletic activities. The boosters helped purchase strength club boards, iron man shirts, booster activity buttons, golf supplies, homecoming activities, agility master, all-star fees, basketball camps, tackle wheel for football, and helped sponsor the athletic banquet. The Hudl software continues to be a wonderful tool for both coaches and athletes and uses technology to enhance the competitiveness of our athletic program. The Boosters also helped support the Sunday basketball leagues for both boys and girls and provided travel snacks/drinks to keep the junior high and high school athletes energized.

Once again, we ask for your donations so that we can continue to improve our school and community by giving our student-athletes the chance to excel in a variety of ways. All donations made by a business or individual will be recognized during the course of the year through programs/announcements at sporting events. Any donation would be greatly appreciated. **Please make donation checks payable to Overton Athletic Boosters and send them to:**

Overton Athletic Boosters

c/o Mark Aten PO Box 310

Overton, NE 68863

(Please include a business card or individual information for recognition... or if you'd prefer to make an anonymous donation instead, that's fine too)

Our student-athletes make us all very proud, and we're fortunate to have many dedicated coaches, parents, and community members who strive to make every year a success. We greatly appreciate your support of our youth. Thanks again!

The Overton Athletic Boosters



Overton Eagles



Athletic Directory & Sports Schedule

Superintendent: Mark Aten – <u>mark.aten@overtoneagles.org</u> Principal: Brian Fleischman – <u>brian.fleischman@overtoneagles.org</u> Athletic Director: Clint Little – <u>clint.little@overtoneagles.org</u> Phone # - (308) 987-2424 Fax # - (308) 987-2349 Web Page – <u>www.overtoneagles.org</u>

Coaching Staff

Football

HEAD: Paul Heusinkvelt ASST: Eric Ryan ASST: Caleb Lempka paul.heusinkvelt@overtoneagles.org

Girls Basketball

HEAD: Nicole Arp ASST: Cydney Kimmenau nicole.arp@overtoneagles.org

<u>Track</u>

HEAD: Rob Simpson ASST: Tierra Bowie ASST: Caleb Lempka rob.simpson@overtoneagles.org

Cross Country

HEAD: Tierra Bowie tierra.bowie@overtoneagles.org Volleyball HEAD: Hayley Ryan ASST: Alisha Remmenga ASST: Gillian Hogeland hayley.ryan@overtoneagles.org

Boys Basketball

HEAD: Clint Little ASST: Seth Ehlers clint.little@overtoneagles.org

<u>Girls Jr. High</u>

HEAD: Mandi Wallace ASST: Angie Ehlers

mandi.wallace@overtoneagles.org

HEAD: Todd Hoyt ASST: Paul Heusinkvelt todd.hoyt@overtoneagles.org

Golf

Wrestling

HEAD: Brian Fleischman ASST: Clint Little brian.fleischman@overtoneagles.org

Boys Jr. High

HEAD FB: Caleb Lempka HEAD BB/T: Seth Ehlers HEAD WR: Paul Heusinkvelt caleb.lempka@overtoneagles.org seth.ehlers@overtoneagles.org paul.heusinkvelt@overtoneagles.org



Overton High School



P.O. Box 310 – 401 7th Street Overton, NE 68863-0310 Phone: (308) 987-2424 Fax: (308) 987-2349

School Colors: Royal Blue & White

Mascot: Eagles

Conference: Fort Kearny Conference

Bus Parking: For volleyball, wrestling, or basketball, park on the east side of the school building or gym in the parking lot. **For football**, park on the south side of the school building. Football field is about 5 blocks to the west of the school building or on the very west edge of Overton along Highway 30.

Admission: Varsity: Adults - \$4.00. Students - \$3.00.

Passes:Conference passes will be accepted. Non-conference
passes will be accepted on a reciprocal basis with
competing school.

<u>Cheerleaders:</u> Cheerleaders in uniform will be admitted without charge.

Dressing Rooms: Locker rooms will be assigned on arrival.

*If there are any questions about any of the information provided, please feel free e-mail or call me.

Clint Little – <u>clint.little@overtoneagles.org</u> Overton Athletic Director Available: 7:30-8:00 a.m. & 1:50-4:00 p.m. (308) 987-2424 ext. 203

Overton Football 2016

<u>Varsity</u>

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>
Friday	Aug. 26	Franklin (Parent's Night)	7:00 p.m.
Friday	Sept. 2	@Southwest	7:00 p.m.
Friday	Sept. 16	Hemingford	6:00 p.m.
Friday	Sept. 23	@Amherst*	7:00 p.m.
Friday	Sept. 30	@Bertrand	3:00 p.m.
Friday	Oct. 7	Elm Creek*	7:00 p.m.
Friday	Oct. 14	South Loup*	7:00 p.m.
Thursday	Oct. 20	@Ravenna*	7:00 p.m.

*-Denotes a District Game

Junior Varsity

MON.	Aug. 29	Eustis/Farnam	5:00 p.m.
MON.	Sept. 12	Pleasanton	5:00 p.m.
MON.	Sept. 19	@S-E-M	5:00 p.m.
MON.	Sept. 26	@Amherst	5:00 p.m.
MON.	Oct. 3	@Elm Creek	5:00 p.m.
MON.	Oct. 17	Axtell	5:00 p.m.

Junior High

MON.	Sept. 12	Pleasanton	3:00 p.m.
MON.	Sept. 19	@S-E-M	3:00 p.m.
MON.	Sept. 26	@Amherst	3:00 p.m.
MON.	Oct. 3	@Elm Creek	3:00 p.m.
MON.	Oct. 17	Axtell	3:00 p.m.

Overton Volleyball 2016

<u>Varsity</u>

<u>Day</u>	<u>Date</u>	Opponent	<u>Time</u>
THUR.	Sept. 1	@Plesanton Tri. (P-town,Loomis)	5:00/6:00/7:00
TUES.	Sept. 6	Overton Tri. (S-E-M, Axtell) (Parents)	5:00/6:00/7:00
THUR.	Sept. 8	@Cambridge Dual	5:00/6:00/7:00
THUR.	Sept. 15	@ Elm Creek Tri. (Elm Creek, Wil/Hil)	5:00/6:00/7:00
TUES.	Sept. 20	@ Loomis Trny (Bertrand, Loomis, Franklin)	5:00/6:00/7:00
THUR.	Sept. 22	Overton Tri. (Elwood, Amherst)	5:00/6:00/7:00
SAT.	Sept. 24	@ Sutherland Trny	10:00 a.m.
THUR.	Sept. 29	@Alma Tri (Southwest, Alma)	5:00/6:00/7:00
TUES.	Oct. 4	@ SEM Trny (S-E-M, Elm Creek, Gibbon)	6:00/7:15
THUR.	Oct. 6	@Loomis Tri (Loomis, Eustis/Farnam)	5:00/6:00/7:00
M/T/TH	Oct. 10,11,13	@ FKC Trny (Home Sites, Overton & Elm Creek)	ТВА
SAT.	Oct. 22	@ Arcadia/Loup City Trny	1:30 p.m.
TUE.	Oct. 25	@ Shelton Tri. (Shelton, Amherst)	5:00/6:00/7:00
MO/TU	Oct. 31, Nov. 1	@ Subdistricts	ТВА
THUR.	Nov. 3	@ Districts	ТВА
TH/F/S	Nov. 10-12	@ State (Lincoln)	ТВА

Junior Varsity

MON.	Sept. 12	Pleasanton	5:00 p.m.
MON.	Sept. 19	@S-E-M	5:00 p.m.
MON.	Sept. 26	@Amherst	5:00 p.m.
MON.	Oct. 3	@Elm Creek	5:00 p.m.
MON.	Oct. 17	Axtell	5:00 p.m.

Junior High

MON.	Sept. 12	Pleasanton	3:00 p.m.
MON.	Sept. 19	@S-E-M	3:00 p.m.
MON.	Sept. 26	@Amherst	3:00 p.m.
MON.	Oct. 3	@Elm Creek	3:00 p.m.
MON.	Oct. 17	Axtell	3:00 p.m.

Overton Girls & Boys Basketball 2016-2017 Varsity & JV

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<u>D</u>	Day	<u>Date</u>	Opponent	<u>Time</u>
Т	HUR.	Dec. 1	@Arapahoe	4:00/5:30/7:00
F	RI.	Dec. 2	Loomis (<u>Parents</u>)	4:30/5:30/7:00
Т	UE.	Dec. 6	@Gibbon (<u>Girls</u>)	6:00/7:15
F	RI.	Dec. 9	Axtell	4:45/6:30/8:00
S	AT.	Dec. 10	Southern Valley	2:00/3:30/5:00
Т	UE.	Dec. 13	@Anselmo/ <u>Merna</u>	4:30/5:30/7:00
F	RI.	Dec. 16	Pleasanton	4:45/6:00/7:30
v	VED.	Dec. 28	@ Ravenna Trny	1:00/2:45/4:30/6:15
Т	HUR.	Dec. 29	@ Ravenna Trny	1:00/2:45/4:30/6:15
F	RI.	Jan. 6	Amherst	4:30/6:00/8:00
S	AT.	Jan. 7	Maxwell	2:00/3:30/5:00
Ť	UE.	Jan. 10	@Brady	4:30/6:00/8:00
F	RI.	Jan. 13	@North Platte St. Pat's	4:30/6:00/8:00
S	AT.	Jan. 14	Bertrand	2:00/3:30/5:00
Т	UES.	Jan. 17	@Elwood	3:30/4:30/6:00/7:30
F	RI.	Jan. 20	@Eustis/Farnam	4:00/5:00/6:15/8:00
Т	UE.	Jan. 24	Shelton	4:00/6:30/8:00
F	RI.	Jan. 27	Elm Creek	4:30/6:00/7:30
S	AT.	Jan. 28	FKC Bunny	ТВА
N	ION.	Jan. 30	@ GIRL'S FKC	TBA
Т	UES.	Jan. 31	@ BOY'S FKC	ТВА
Т	HUR.	Feb. 2	@ GIRL'S FKC (Event Center Kearney)	TBA
F	RI.	Feb. 3	@ BOY's FKC (Event Center Kearney)	ТВА
S	AT.	Feb. 4	@ G & B FKC (Event Center Kearney)	ТВА
Т	UE.	Feb. 7	@Wilcox/Hildreth	4:00/5:15/6:30/8:00
	RI.	Feb. 10	@S-E-M	5:00/6:15/8:00
N	<i>л/</i> т/тн	Feb. 13,14,16	@GIRL'S SUBS	TBA
	RI.	Feb. 17	Gibbon (BOYS)	6:00/7:15
N	//Т/ТН	Feb. 20,21,23	@ BOY'S SUBS	TBA
F	RI.	Feb. 24	@ GIRL'S DISTRICT FINALS	ТВА
Т	UES.	Feb. 28	@ BOY'S DISTRICT FINALS	ТВА
	H-SA.	Mar. 1-3	@GIRL'S STATE-LINCOLN	TBA
Т	H-SA.	Mar. 8-10	@ BOY'S STATE-LINCOLN	ТВА

Jr. High Girls & Boys

WED.	Jan. 11	@LOOMIS	1:00 p.m.
MON.	Jan. 16	@ SEM Trny	12:30 p.m.
SAT.	Jan. 21	OVERTON Trny	9:00 a.m.
TUE.	Jan. 24	KEARNEY CATHOLIC	1:00 p.m.
WED.	Feb. 1	Axtell	12:30 p.m.
WED.	Feb. 8	SEM	12:30 p.m.
WED.	Feb. 15	@Elm Creek	1:00 p.m.
WED.	Feb. 22	@Pleasanton	12:30 p.m.

Overton Wrestling 2016-2017

<u>Varsity</u>

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>
FRI.	Dec. 2	@ Elwood Invite	3:00 p.m.
TUE.	Dec. 6	Overton Tri. (Elm Creek, Southwest)	6:00 p.m.
FRI.	Dec. 9	@ Sargent Invite	1:00 p.m.
SAT.	Dec. 17	@ Cambridge Invite	10:00 a.m.
THUR.	Dec. 29	@Pleasanton	10:00 a.m.
SAT.	Jan. 7	@Amherst Invite	10:00 a.m.
FRI.	Jan. 13	@ Elm Creek Invite	2:30 p.m.
SAT.	Jan. 14	@ <u>Shelton</u> /Kenesaw Invite	10:00 a.m.
SAT.	Jan. 21	@ Mullen Invite	10:00 a.m. MT
FRI.	Jan. 27	@ Central Valley Invite (Scotia)	11:00 a.m.
THUR.	Feb. 2	@ FKC (Buffalo County Fairgrounds)	ТВА
FR/SA.	Feb. 10-11	@ Districts	ТВА
TH/F/S	Feb. 16-18	@ State (Omaha)	ТВА

<u>Jr. High</u>

FRI.	Nov. 11	@Gibbon Quad. (Gibbon, EC, KC)	12:30 p.m.
TUE.	Nov. 15	@Alma Tourney	2:00 p.m.
WED.	Nov. 30	Overton Invite	12:30 p.m.
TUE.	Dec. 6	Overton Tri (Elm Creek, Southwest)	4:30 p.m.
THUR.	Dec. 8	FKC Tourney	9:00 a.m

Overton Girls & Boys Track 2017

<u>Varsity</u>

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>	Officials
SAT.	Mar. 25	@ Wilcox/Hildreth (Wilcox)	10:00 a.m.	(S/A 9:00)
TUE.	Mar. 28	@Cozad Triangular	4:30 PM	
FRI.	Mar. 31	@ Pleasanton Invite (Kearney)	8:45 a.m.	(S/A 8:00)
FRI.	Apr. 7	@ Axtell Invite (Wilcox)	9:00 a.m.	(S/A 8:00)
THUR.	Apr. 13	Ø Bertrand Invite	10:00 a.m.	(S/A 9:00)
TUE.	Apr. 18	OVERTON INVITE	9:00 a.m.	(S/A 8:00)
FRI.	Apr. 21	@ Don Bader Invite (Lex)	2:00 p.m.	
FRI.	Apr. 28	@ FKC (Elwood)	9:00 a.m.	
THUR.	May 4	@ Elm Creek Invite	12:30 p.m.	(S/A 11:30)
WED	May 10	@ Districts	ТВА	
FR/SA	May 19 & 20	@ State (Omaha Burke)	ТВА	

<u>Jr. High</u>

TUE.	Apr. 4	OVERTON QUAD.	1:00 p.m.	(S/A 12:30)
TUE.	Apr. 18	@ Elwood	2:00 p.m.	(S/A 1:00)
TUE.	Apr. 25	@ Bertrand	2:00 p.m.	(S/A 1:00)
TUE.	May 2	@ FKC (Elm Creek)	ТВА	
MON.	May 8	@ Elm Creek	2:30 p.m.	(S/A 2:00)

Overton Golf 2017

<u>Varsity</u>

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>
THUR.	Mar. 23	OVERTON QUAD.	4:00 p.m.
WED.	Mar. 29	@ Cambridge Invite	10:00 p.m.
TUE.	Apr. 4	@ Elwood Invite (Lakeside)	10:00 a.m.
TUE.	Apr. 11	@ Arapahoe Invite	10:00 a.m.
THUR.	Apr. 13	@ Holdrege Tri.	3:00 p.m.
TUE.	Apr. 18	@ Alma Invite	10:00 a.m.
FRI.	Apr. 28	OVERTON INVITE	9:00 a.m.
MON.	May 1	@ Cozad Reserve Invite	2:00 p.m.
TUE.	May 2	@ FKC (Eustis-Farnam - Lakeside)	10:00 a.m.
THUR.	May 4	@Southern Valley Invite (Oxford)	9:00 a.m.
THUR.	May 11	@ Bertrand Invite	10:00 a.m.
TUE.	May 15 or 16	@ Districts (TBA)	ТВА
TUE/WED	May 22 & 23	@ State (Kearney)	ТВА

ECO Cross Country 2016

<u>Varsity</u>

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Time</u>
THUR.	Sept. 1	@ Gibbon Invite	5:30 p.m.
THUR.	Sept. 8	@ Loup City Invite	5:30 p.m.
MON.	Sept. 12	@ Alma Invite	4:30 p.m.
TUE.	Sept. 20	@ Franklin Invite	4:00 p.m.
MON.	Sept. 26	@ UNK Invite	4:00 p.m.
THURS.	Oct. 6	@ Wilcox Open (Franklin)	4:00 p.m.
THURS.	Oct. 13	@ Districts (TBA)	ТВА
FRI.	Oct. 21	@ State (Kearney)	ТВА

Introducing your new Guidance Counselor!

Hello! My name is Calli McCoy and I will be the Guidance Counselor here at Overton Public School. I want to tell you a little about myself. I grew up in Bertrand, graduated from UNK, married Aaron McCoy, taught music in Bertrand, and spend as much time traveling as I can! I look forward to getting to know each of the students, faculty, and community members. My door is always open and I welcome introductions! So if you see me around, please introduce yourself!

-Calli McCoy calli.mccoy@overton.eagles.org

Fifth Grade Students and Parents

General 5th Grade Supply List*

Locker Shelf (suggested for organization) Zipper Binder Notebooks (1 red, 1 blue, 1 green, 1 yellow) Folders (1 red, 1 blue, 1 green, 1 yellow, 2 free choice colors/design). Book Covers (red, blue, green, yellow if possible). Pencils (Mechanical pencils are fine and preferred by some teachers to avoid sharpening). Erasers Blue or Black Pens Red Pens Highlighters Colored Pencils Pencil Bag

* Teachers will share other requirements and request other supplies when student meet with them at the beginning of the school year. I will send you a letter just before school starts with additional information as well.

Freshman and Freshman Parents:

We will have a meeting the end of August (more details to come) to outline and discuss the expectations as you begin high school and the importance of your success in each class so that you stay on track for graduation. Please make sure your e-mail is correct on Power School, I will use this tool to send important information throughout the year.

Sophomores and Sophomore Parents

This is a year for you to focus on academic success and begin thinking about what careers you might want to learn more about.

Juniors and Junior Parents

Plan ahead for your senior year...it actually starts now! It is good to take the ACT as a Junior at least one time, usually in December, but you can take it anytime.

The ASVAB will also be given at Overton High School this fall. Juniors will take the Armed Services Vocational Aptitude Battery, this test gives good career information and is also useful for students interested in entering one of the service branches after graduation.

Juniors should also begin meeting with college admissions reps and going on college visits.

Seniors and Senior Parents:

We will have a senior parent meeting the end of September, after I have gone to my beginning of the year counselor meeting where I receive updated college and scholarship information from the major colleges in Nebraska - more details to come on the date. Even if you have had a senior before, there will be important information for your senior this year!

Parents, please make sure that you have correct contact information listed on Power School, specifically your e-mail address so that you receive important information from me.

Familiarize yourself with my website for information.

Senior Pictures

If you haven't already done it, have your senior pictures taken soon!

I will need a total of 3 senior pictures by December 1st!

These are for the yearbook, the composite picture in the commons area, and publication. All three pictures need to be vertical (up and down).

When you give me the pictures, please label each of your pictures with your name and where you want them displayed. Then, place your pictures in an envelope, put your name on the front of the envelope.

I will need a total of 4 baby pictures by December 1st to use in the senior slide show.

- 1. Please make sure your name is on the back of each picture.
- 2. Number them on the back in the order you want them to appear on the slideshow.
- 3. Place them in the envelope with your senior pictures.

ACT Test

The ACT test is given at Overton High School and surrounding schools multiple times throughout the year. You must take the test at least once by December of your senior year. Have your scores sent directly to the college(s) you are considering attending. College codes can be found on the ACT website, or I can help you find them. Register at http://www.actstudent.org

COLLEGE FAIRS & VISITS

College Fairs are a great way to learn more about many colleges. You also have the opportunity to have your questions answered directly by a representative from that college. There are many college fairs, check on the EducationQuest Calendar of Events if you would like to attend an event. Dates and events will be shared soon.

APPLY for COLLEGE

Apply to the top three colleges you are considering attending.

Go to the Admissions page of the college of your choice, you will find all of the information you need.

SCHOLARSHIPS:

Many national and regional scholarships are due in October. Most local college scholarships are due in November. Please begin looking for scholarship now!

I will provide Scholarship information as I receive it. Please use the links and information I provide as well as looking on the website of the college you plan to attend.

COLLEGE REPS and INFO:

Many college reps will visit the school throughout the year. If you are interested in learning more about a specific college, let me know and I will work to make arrangements to have a rep visit our school! This is open to Juniors and Seniors, other student welcome by special arrangements and approval, but is not a free pass to skip class for any student.

POTENTIAL COLLEGE ATHLETES:

Register with the NCAA clearinghouse! NAIA schools require the same "pre-registration".

If you are planning to play sports in college, you and your parents need to complete the application.

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION REGULAR MEETING May 9, 2016 7:30 p.m.

Board President called the meeting to order. Members Present:

Brennan Luther Meier Rudeen Walahoski

Notification: The May 9, 2016 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School web site, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent, Brian Fleischman, Principal

Guests Present: None

Public Comments: None

Reports: None

Communications: Resignations (1), Thank You (1)

Other: Board excused the absence of board member Johnson. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Meier, Rudeen, and Walahoski. Voting No: (0). Absent: (1) Johnson

Action Items:

- 1. **Agenda** Moved by Luther, seconded by Rudeen to approve the agenda of the May 9, 2016 regular monthly board meeting as presented. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Minutes Moved by Walahoski, seconded by Brennan to approve the April 11, 2016 regular board meeting minutes. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Claims Moved by Brennan, seconded by Luther to pay the May General Fund bills in the amount of \$90,631.87. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Moved by Walahoski, seconded by Brennan to approve second reading of board policy 6008. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Moved by Luther, seconded by Walahoski approve second reading of board policy 6009. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.

- Moved by Luther, seconded by Walahoski to approve first reading of board policy 4056. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Moved by Brennan, seconded by Luther to approve first reading of board policy 5001. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Moved by Rudeen, seconded by Brennan to accept Mrs. Bennett's resignation effective the end of the 2015-2016 school year. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- 9. Moved by Luther, seconded by Walahoski to approve phase 1 of the parking lot paving project with GD Construction. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Moved by Walahoski, seconded by Brennan to approve Flatwater Food and Automotive, C&S Truck & Salvage, The Carr Shop and Gearbox Performance to complete Rule 92 Mechanic's Pupil Transportation Vehicle Inspections. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Rudeen, and Walahoski. Voting No: (0). Absent: (2) Johnson and Meier.
- Moved by Rudeen, seconded by Brennan to adjourn at 9:49 p.m. Motion 5-0-1. Voting Yes: () Brennan, Luther, Meier, Rudeen, and Walahoski. Voting No: (0), Absent: (1) Johnson.

Board Reports and Discussion Topics:

1. Board Reports:

b.

- a. Upcoming Meeting:
 - Transportation

Bus 2009

- 2. Discussion Topics:
 - a. June board meeting is scheduled for Monday, June 13, 2016 beginning at 7:30 p.m. in the LMC

Schedule Provided

- b. Board recognized and thanked the ABC/PTO Organization for all their efforts
- c. Agriculture Education Discussion

Administrative Reports:

Principal's Report:

- 1. Upcoming Events
- 2. Enrollment Update
- 3. Facility Use Update
- 4. 2016-2017 Class Schedule
- 5. Agriculture Education

Superintendent's Report:

1. Enrollment Option Report

a.

2. Option Enrollment-

Eva Hellreigel - to Elm Creek

		b.
b.	In -	a.
с.	Change of Status	a.

Out -

None

a.

- 3. 4. 5. 6. 7. 8. 9. 10.
- Financial Summary & Update Projects Update Budget Review 2016-2016 FKC Admission Prices UNL/NDE Agriculture Education Meeting Summary Summer School Update 2015-2016 School Hours Report Cat-2 erate Application Status Staffing Update

- 11.

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION REGULAR MEETING June 13, 2016 7:30 p.m.

Board President called the meeting to order. Members Present:

Brennan Luther Meier Rudeen

Notification: The June 13, 2016 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School web site, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent

Guests Present: Aaron McCoy and Angie Ehlers

Public Comments: None

Reports: None

Communications: None

- Other: a. Board excused the absence of board member Walahoski. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Meier, Rudeen. Voting No: (0). Absent: (2) Walahoski, Johnson.
 - b. Board President appointed board member Luther to function as board secretary for the meeting.

Action Items:

- 1. Agenda Moved by Brennan, seconded by Meier to approve the agenda of the June 13, 2016 regular monthly board meeting as presented. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Meier and Rudeen. Voting No: (0). Absent: (2) Johnson, Walahoski.
- Minutes Moved by Luther, seconded by Brennan to approve the May 9, 2016 regular board meeting minutes. Motion 4-0-2. Voting Yes: (4) Brennan, Luther, Meier and Rudeen. Voting No: (0). Absent: (2) Johnson, Walahoski.
- 3. Claims Moved by Luther, seconded by Brennan to pay the June General Fund bills in the amount of \$102,663.26. Motion 5-0-1. Voting Yes: (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.
- Moved by Meier, seconded by Brennan to approve second reading of board policy 4056. Motion 5-0-1. Voting Yes: (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.
- Moved by Rudeen, seconded by Luther approve second reading of board policy 5001. Motion 5-0-1. Voting Yes: (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.

- Moved by Johnson, seconded by Brennan to approve the dairy product proposal provided by Hiland Dairy. Motion 5-0-1. Voting Yes: (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.
- Moved by Meier, seconded by Johnson to the contract for the school counselor position. Motion 5-0-1. Voting Yes: (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.
- Moved by Johnson, seconded by Luther to approve the contract for the science teaching position. Motion 5-0-1. Voting Yes: (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.
- Moved by Rudeen, seconded by Brennan to adjourn at 9:20 p.m. Motion 5-0-1. Voting Yes:
 (5) Brennan, Johnson, Luther, Meier and Rudeen. Voting No: (0). Absent: (1) Walahoski.

Board Reports and Discussion Topics:

- 1. Board Reports:
 - a. Upcoming Meeting:
 - b. Interlocal Committee:
- 2. Discussion Topics:
 - a. July board meeting is scheduled for Monday, July 11, 2016 beginning at 7:30 p.m. in the LMC

Schedule Provided

Scheduling Annual Committee Meeting

- b. Americanism Committee meeting will be held on Monday, July 11, 2016 beginning at 7:00 p.m. in the LMC
- c. Student Fees Hearing will be held on Monday, July 11, 2016 beginning at 7:15 p.m. in the LMC
- d. Discussed the 2016 Board Policy Updates
- e. Staffing Update

Administrative Reports:

Principal's Report:

1. N.A.

Superintendent's Report:

- 1. Enrollment Option Report
- 2. Option Enrollment-

a.	Out –	a.	
		b.	
b.	In -	a.	
c.	Change of Status	a.	None

- 3. Financial Summary & Update
- 4. Projects Update
- 5. Budget Review & Levy/Valuation Projections
- 6. Summer School Update
- 7. Village of Overton Trash Removal Ordinance
- 8. School Food Program Update and Othman Community YMCA Summer Enrichment Program
- 9. Staffing Update
- 10. NASB Information

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION SPECIAL MEETING Student Fees Hearing July 11, 2016 7:15 p.m.

Board President called the meeting to order. Members Present:

Brennan Luther Meier Rudeen Walahoski

Notification: The July 11, 2016 special meeting of the Overton Public School Board of Education was advertised in the July 7, 2016 edition of the Beacon Observer, and was also posted at the Overton Public School, on the Overton Public School web site, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President Ruden informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent, Brian Fleischman, Principal

Guests Present: Tory Gilson

Other: Board excused the absence of member Johnson. Motion carried 5-0-1. Voting Yes (5): Brennan, Luther, Meier, Rudeen and Walahoski. Voting No (0). Absent (1): Johnson.

Action Items:

 Moved by Meier seconded by Walahoski to adjourn at 7:30 p.m. Motion carried 5-0-1. Voting Yes (5): Brennan, Luther, Meier, Rudeen and Walahoski. Voting No (0). Absent (1): Johnson.

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION REGULAR MEETING July 11, 2016 7:30 p.m.

Board President called the meeting to order. Members Present:

Brennan Luther Meier Rudeen Walahoski

Notification: The July 11, 2016 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School web site, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent, Brian Fleischman, Principal

Guests Present: Tory Gilson

Public Comments: None

Reports: Tory Gilson provided the board with a school facility survey

Communications: Village of Overton Ordinance Change, USDA SPIKE event recognition

Other: a. Board excused the absence of board member Johnson. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.

Action Items:

- Agenda Moved by Meier, seconded by Luther to approve the agenda of the July 11, 2016 regular monthly board meeting as presented. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.
- 2. Minutes Moved by Brennan, seconded by Meier to approve the June 13, 2016 regular board meeting minutes. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.
- 3. Claims Moved by Luther, seconded by Walahoski to pay the July General Fund bills in the amount of \$84,682.40. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.
- Moved by Luther, seconded by Brennan to approve facility rental rates, lunch, breakfast, and milk prices, substitute teacher pay, tuition, activity admission, and mileage rate for the 2016-2017 school year. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.
- Moved by Walahoski, seconded by Rudeen to approve local substitute teachers. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.

- Moved by Walahoski, seconded by Brennan to approve ESU 10 Network Services Agreement, Off-Site Back-Up and File Storage Renewal Agreement, filtering license, and Distance Learning Support Agreement. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.
- Moved by Luther, seconded by Meier to approve the 2016-2017 student handbooks. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.
- Moved by Brennan, seconded by Walahoski to adjourn at 9:52 p.m. Motion 5-0-1. Voting Yes: (5) Brennan, Luther, Meier, Rudeen and Walahoski. Voting No: (0). Absent: (1) Johnson.

Board Reports and Discussion Topics:

1. Board Reports: a. Upcom

Schedule Provided

a. Upcoming Meeting:b. Interlocal Committee:

Annual Interlocal Committee Meeting scheduled for July 21, 2016

2. Discussion Topics:

- a. August board meeting is scheduled for Monday, August 8, 2016 beginning at 7:30 p.m. in the LMC
- b. Americanism Committee met on Monday, July 11, 2016 at 7:00 p.m. in the LMC
- c. The annual Board/Staff supper is scheduled for Thursday, August 11, 2016
- d. Budget and Financial Review

Administrative Reports:

Principal's Report:

- 1. Calendar of Events
- 2. Student Handbook Update

Superintendent's Report:

- 1. Enrollment Option Report
- 2. Option Enrollment-

L'EIMON	1110444		
a.	Out -	a.	
		b.	
b.	In -	a.	
c.	Change of Status	a.	None

- 3. Financial Summary & Update
- 4. Projects Update
- 5. Budget Review & Levy/Valuation Projections
- 6. Summer School Update
- 7. Village of Overton Trash Removal Ordinance
- 8. School Food Program Update Summer Food Program Update
- 9. 2016-2017 Early Childhood Grant Application Status
- 10. ACLU Survey
- 11. Security First Bank Securities Update

August 2016

≪ July 2016			August 2016			September 2016 🕨
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	7	2	R	4	2	G
7	8	6	10	11	12	13
14	15	16	17	18	19	20
			Cinnnamon Little Johns& Sausage Ham, Turkey & Cheese Sandwich	Breakfast Pizza Mini Cheeseburgers I	Griddle Sandwich Little Caesar's Pepperoni Pizza	
21		23	24	25		27
;	Breakfast on a Stick Crispitos	Cinnamon Roll & Sausage E Goulash	sanana Muffins Chicken Strips & Fries	Breakfast Cookies & Yogurt Glazed Donut & Ham Taco in a Bag	Glazed Donut & Ham Pigs in a Blanket	
				Notes: A choice o	Notes: A choice of flavors & types of milk served	of milk served 11
Corn Dog Alternate		Breakfast Pizza Super Nachos	Biscuits & Gravy Cheeseburger	with each meal. This institution is	vith each meal. This institution is an equal opportunity provider.	nītv provider:
	Breaded Pork Steak					

September 2016

		S	September 2016			October 2016 🕨
Sun	Mon	Tue	Wed	Thu	i.	Sat
			This institution is an equal opportunity provider.	1 Griddle Sandwich Pulled Pork Sandwich	2 Breakfast on a Stick Hot Dog Bar	e
4 Pizza Alternate	5 No School	6 Cinnamon Little Johns & Sausage Taco in a Bag	7 Yogurt Parfait & Apple Muffin Chicken Stirfry	8 Cini Minis & Ham Make Your Own Sub	9 Breakfast Pizza Homemade Pizza	10
11 Calzones Altemate	12 Donut Holes & Sausage Chicken Fried Steak	13 Oatmeal Bar & Yogurt Shredded Pork Sandwich	14 Waffles & Omelet Spaghetti & Meatsauce	15 Breakfast Sandwich Street Tacos	16 Glazed Donuts & Ham Cheeseburger	17
18 Pork Egg Roll Alternate	19 Breakfast on a Stick Chef Salad	20 Breakfast Pizza Chicken Patty Sandwich	21 Biscuits & Gravy Burritos/Burrito Bowl	22 Cinnamon Little John & Ham Chicken Nuggets & Fries	23 No School	24
25 Com Dog Alternate	26 Cinnamon Roll & Yogurt Cheesy Potatoes & Ham	27 Pancakes & Sausage Cheeseburger	28 Scrambled Eggs & Toast Soup Bar & Grilled Cheese Sandwich	29 30 French Toast Sticks & Ham Breakfast Pizza Crispitos Pizza Pizza	epperoni	Notes: A choice of flavors & types of milk served with each meal.



August 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 Ist Day of FB Practice New Student Reg- istration 9-2PM iPad Check-Out Grades 8-12 (10-2PM) School Board Meeting 7:30PM	9 iPad Check-Out Grades 8-12 (10-2PM)	10 iPad Check-Out Grades 8-12 (10-2PM) 7th Grade iPad Check-Out 6:30PM (LMC)	11 New Teacher In- Service 9AM iPad Check-Out Grades 8-12 (10-2PM) Staff/Board Dinner 7PM	12	13
14	15 Ist Day of VB & CC Practice Teacher In-Service K-4 Open House 5-6PM	16	17 1st Day of School (2:30 Dismissal)	18	19 FB Powerade Scrimmage 5PM	20
21	22 Athletic Booster Meeting 7PM	23 Last Day to Drop/Add Classes	24 FKC Annual Activities Mtg. @ Overton 6:30PM	25 VB Powerade Scrimmage 5PM	26 FB vs. Franklin 7PM (Parent's Night)	27
28	29 Fall Sports Pictures (PM) JVFB vs. Eustis- Farnam 5PM VB Jamboree vs. Cozad 6PM	30 1st Day of Pre-School	31			

September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 VB @ Pleasanton 5/6/7 PM CC @ Gibbon 5:30PM	2 FB @ Southwest 7PM	3
4	5 NO SCHOOL (Labor Day)	6 School Pictures (AM) VB @ Overton 5/6/7 PM (Parent's Night)	7 FKC Quarterly Meeting 5:30PM	8 VB @ Cambridge 5/6/7 PM CC @ Loup City 5:30PM	9	10 ACT Test Date @ Overton
11	12 FCCLA Fall Leadership Work- shop @ Kearney JHVB/FB vs. Pleasanton 3PM JVVB/FB vs. Pleasanton 5PM CC @ Alma 4:30PM School Board Meeting 7:30PM	13	14	15 VB @ Elm Creck 5/6/7 PM	16 4th Grade to NE Kids Fitness & Nutrition Day @ UNK FB vs. Hemingford 6PM	17 UNK Band Day
18	19 jhvb/fb @ sem 3pm jvvb/fb @ sem 5pm	20 CC @ Franklin 4PM VB @ Loomis 5/6/7 PM	21 ASVAB Testing for Juniors 8:15AM	22 VB @ Overton 5/6/7 PM	23 NO SCHOOL (Teacher In-Service) FB @ Amherst 7PM	24 VB @ Sutherland Tourney 10AM
25	26 JHVB/FB @ Amherst 3PM JVVB/FB @ Amherst 5PM CC @ UNK 4PM	27 Education Quest Financial Aid Night 7PM	28 Career Exploration Day for Sophomores	29 VB @ Alma 5/6/7 PM	30 FB @ Bertrand 7PM	